

**Prof. Ivar Frounberg EASA Member of Class III** Lecture 19-5-2023 Colloquium 'Art meets Medicine'

## Title: Stages in creative processes – some painting practises and music composition.

## Abstract

The quote "composition process employs 1% inspiration and 99% transpiration" is often attributed to Igor Stravinsky. Even though the attribution may be false 1, it expresses what Stravinsky could have agreed on: that inspiration is only a small part in the creation of a masterpiece in the arts.

Others have investigated the notion of "inspiration" 2. In the presentation I will expand the knowledge of the nature of the remaining 99% of work. I will draw on my personal experiences with the composers Morton Feldman (1926-1987) and Iannis Xenakis (1922-2001)3. Feldman had a close relation to several of the abstract expressionist painters in New York and Xenakis had an oeuvre as an architect in France.

I will specify a number of distinct stages of the working process, even not all will be equally present during the composition of any specific artwork: The empty paper – Concept – Generation: deterministic structures or a library (in-time or out-of-time?) – Writing and intension – Phenomenological analysis and generative structures – Differentiation – Articulation. The presentation will not be dealing with aspects of artisanal work: music theory, instrumentation, notation, acoustics and the like.

Since my personal artistic experiences include music composition and oil pastel painting, I will introduce the documentation of the painting processes of the painters Gerhard Richter (b. 1932)4 and Per Kirkeby (1938-2018)5 showing how it has influenced my personal work and contributed to a wider understanding of creative processes.

Finally I will propose possible concordances between the working processes in the two art fields: painting and music composition. It is my hope that the interdisciplinary work in the field of arts also might extend to be (re-)cognized valuably as a possible detail in the scientific research process.

<sup>1</sup> The quote is also attributed to the inventor Thomas Alva Edison (1847-1931).

<sup>2</sup> see: Jonathan Harvey: "Music and Inspiration", Faber and Faber Limited, London 1999. 3 Iannis Xenakis: "Formalized Music – Thought and Mathematics in composition", Pendragon

Press, Stuyvesant NY 1992.

<sup>4</sup> Gerhard Richter: "Abstrakte Bilder", Hantje Cantz Verlag, Ostfildern 2008.

<sup>5</sup> Jesper Jargil: "Per Kirkeby – Winters Tale", Jesper Jargil Film Aps, Copenhagen 2013.